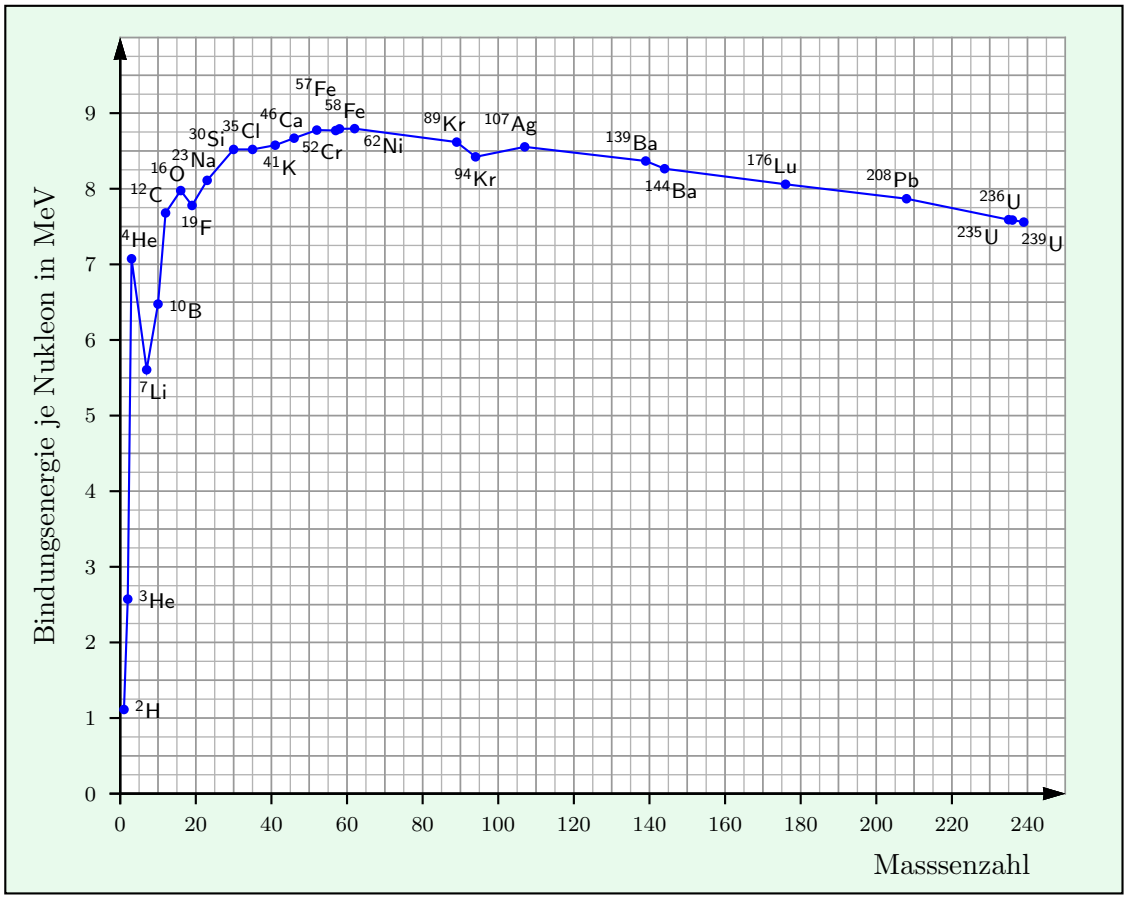
Bindungsenergie je Nukleon in MeV
Masssenzahl
0
1
2
3
4
5
6
7
8
9
0
20
40
60
80
100
120
140
160
180
200
220
240
^{2}H
^{3}He
^{4}He
^{7}Li
^{10}B
^{12}C
^{16}O
^{19}F
^{23}Na
^{30}Si
^{35}Cl
^{41}K
^{46}Ca
^{52}Cr
^{57}Fe
^{58}Fe
^{62}Ni
^{89}Kr
^{94}Kr
^{107}Ag
^{139}Ba
^{144}Ba
^{176}Lu
^{208}Pb
^{235}U
^{236}U
^{239}U