1 Introduction

Recently I was enjoying Ari Rafaeli’s *Book Typography* and noted that on page 93 he writes, “Swelled rules, adopted by English printers in the late eighteenth century, out of fashion in the early twentieth century, but revived by Stanley Morison and Nonesuch and The Curwen Press, are sadly missing from the typography of contemporary books.” So I made a note to myself: use a swelled rule\(^1\) in an upcoming project.

Coincidentally I read this issue’s column by Dave Walden, where he talks about thought groups. He discusses various ways to break text at a point where the thought transitions somewhat, but not enough for a section break. One traditional printer’s technique for that is to use spaced out asterisks, as here.

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Walden also suggests a horizontal rule. A swelled rule, by contrast, has a bit more presence on the page than a simple rule, but the tapered edges allow it to blend in with the overall color of the page. (Typographical color, that is, which comes down to how gray the page appears, not whether you use mauve or teal.)

So how might we go about swelling a rule? Punching it in the midsection doesn’t seem to work.

\(^1\) Sometimes called an English rule.
2 Stairway to Heaven

An early attempt, using Plain \TeX, to provide for swelled rules is the \texttt{swrule} package by Tobias Dussa. It builds up the swelled rule by butting thicker or thinner rules together to create the illusion of a single swelled rule.

In an era of bitmapped fonts, there was absolutely nothing against such an approach. However, in the day of zoomable PDFs, such rasterized solutions are suboptimal.

3 Quite a character

Another solution, probably the first one used in the computer typesetting era, and certainly back in the era of metal type, is to use a character or characters from a font to set the rule. Of course, getting and installing a specialized font for this one character can be annoying.

Given the flexibility, or rather distortability, of PostScript technology, we can still use a character from a font to achieve our goals, without precisely having a swelled rule character per se. Specifically, you might take a diamond dingbat and reduce the vertical axis while stretching the horizontal.

As a stopgap, this works well. The rule can be scaled at will, and it is a reasonable approximation of a swelled rule. It is not perfect, though, for a true swelled rule is like a plane journey. It rises and levels off before coming back down to the original level.

This seems like more of a graphics issue than a font issue. As you would expect, Con\TeXt can use external graphics, and in fact you could simply place a picture of a swelled rule in your file. However, Con\TeXt also has access to a far tidier setup via MetaPost. Let’s take a look at that.

4 MetaPost in Con\TeXt

Using MetaPost in Con\TeXt is very straightforward, thanks to tight integration. You need not write the MetaPost code separately, nor do you need to compile it separately (although you can if you are so inclined). Con\TeXt has interface commands and \texttt{texexec} will automatically call MetaPost for you. For example, try out the following:
The result is approximately a calligraphic o, suitable for use as a stunning versal or drop-cap. For a much fuller discussion of MetaPost in ConTeXt, see Hans Hagen’s *MetaFun manual*. There are truly some amazing things that can be done with the software combination described here.

One detail to note before we move on is that \texttt{\startuseMPgraphic} runs MetaPost each time the graphic is placed via \texttt{\useMPgraphic}. If you use the graphic hundreds of times in your document, the processor overhead can be intensive, so there is another command, \texttt{\startreusableMPgraphic}, which calculates the graphic once and reuses it. There is also \texttt{\startuniqueMPgraphic}, which makes the calculations based on arguments passed to the command. We’ll see this below. For now let’s see how we might draw a swelled rule using straightforward MetaPost code.

### 5 Brute force MetaPost

The most straightforward way to define a swelled rule is to set up points for the left and right edges and the points where the rule reaches its “cruising altitude”. Consider (or better yet, try out) the following code:
First, we define the various coordinates in \((x, y)\) pairs, assigned to variables named \(z_1\)–\(z_6\) (as in the METAFONTbook). \(z_1\) is the leftmost point, while \(z_4\) is the rightmost point. The rule rises \(1\)pt to point \(z_2\) and stays there through \(z_3\). The \texttt{fill} command draws a line through the points, cycles back to the origin and fills the resulting shape. (If you are typing this at home, note that each command in MetaPost is terminated by a semicolon, and you can put multiple statements per line.)

The result is pretty good. You can zoom in as much as you want, you can change the color at will, and you can modify the length of the rule and how thick it is. Unfortunately, those last changes aren’t as transparent as they should be. Finding the correct coordinates is somewhat of a guessing game, and the dimensions of the rule are fixed. If you switch to a two-column layout, you will have to return to this code to hack in new values. We can do better.

6 A more refined MetaPost solution

The first thing we must do to get away from hard-coded solutions is to create variables, which is done in the standard ConTeXt setup manner.

\texttt{\setupMPvariables[SwelledRule][height=2pt,breadth=.667\localhsize]}

\texttt{SwelledRule} is the name of the graphic, and we declare and assign two variables, a height and a breadth. The ConTeXt variable \texttt{\localhsize} gives the width of the text block. A good looking swelled rule isn’t as broad as the text, so we’ll make it \(2/3\) as broad.

Having set up the variables, we can write some MetaPost code that uses their values.
In many ways this is similar to the definition we wrote in the last section. The main difference is that we pass in the variables `height` and `breadth` and use them to calculate points on the rule. The \( z_1 \cdots z_6 \) coordinates are separated out into their \( x \) and \( y \) components in the first two lines, but no additional definition is needed. The \( x_1 \) and \( y_1 \) pair are identical to \( z_1 \).

There are two ways to define the \( y \) points. The first, which I show here, is to place the endpoints at half-height and allow the rule to sit on the baseline (\( y = 0 \)). Another approach is to place the endpoints on the baseline and have two of the \( y \) points (\( y_5 \) and \( y_6 \)) as negative values.

Once we have the graphic, we can use it. We need to call \texttt{\setlocalhsize} each time to use the \texttt{\localhsize} variable, so let’s make a macro to do that and center the rule:

\begin{verbatim}
def\SwelledRule{\setlocalhsize\midaligned{\reuseMPgraphic{SwelledRule}}}\end{verbatim}

Now we use the rule:

\SwelledRule

Now to change the dimensions of the rule, all we have to do is modify the \texttt{MPvariables} via the normal \texttt{ConTExt} setup mechanism. We could add additional variables—for instance to control the color of the rule (though I prefer black). I leave that addition as an exercise for the reader.

Steve Peter is president and typographer at Beech Stave Press, where he has the joy and frustration of making multilingual text look good. Send him compliments at speter@dandy.net.